



# Water & Stone

A Creative Arts Therapy PLLC

## Therapy Sessions

MLV Discount applies to all locations!

My Little Village Families (past and present) – up to 20% off

Questions and Scheduling: [\(914\) 341-2063](tel:9143412063) or [emery.mikel@creativelyhealing.com](mailto:emery.mikel@creativelyhealing.com)

### Psychotherapy, Art Therapy, Drama Therapy, Dance/Movement Therapy

Individual Sessions (weekly)	Normal Rates	MLV
Regular 50 min session	\$225	\$180
Sliding Scale (dependent on need/situation)	\$200-150	\$160-120
Every other week	\$225	
1/month (special circumstances only)	\$300	
Couple's/Family Sessions		
Regular 50 min	\$275	\$220
Regular 90 min	\$325	\$260
Meditation Sessions		
	\$30-\$75	

## Availability and Where to Start

### Where do I start?

Whenever you are ready, contact W&S and speak with Emery, our founder and director for a 10-15 minute free phone consultation. This will be a brief call to answer your questions, help you decide if this is a good fit for you, and which therapist you might want to see. We will also discuss the sliding scale and what fits your budget. There is no commitment at this point and whenever you are ready, Emery will connect you with the therapist you choose to set up a first session.

We welcome people from all walks of life and are here to create a space where you feel safe, heard, and supported. If you have any specific concerns or questions, Emery will be happy to discuss those with you.

Dumbo, Brooklyn 7 days a week, all ages
Union Square Wednesdays & Thursdays, 14+
Lower East Side (MLV) Mondays & Thursdays 3:30-6pm - 3-10 year olds after 6pm – all ages

We serve kids, teens, adults, seniors, people identifying as LGBTQIA+, veterans, immigrants, and many more. Thank you for giving us a chance to support you!