Water & Stone CAT Conference Schedule (Topics)

	Friday 6/10				Saturday 6/11			Sunday 6/12		
	IP CH	IP RG	Online	Online 2	IP CH	Online	Online 2	IP CH	Online	Online 2
9		9:00-12:00	9:00-11:00	9:00-11:00		9:00-11:00	9:00-11:00		9:00-11:00	9:00-11:00
	9:15-10:45	Social Dream	Holistic	Collage	9:30-12:30	Arts-based	Music and	9:30-11:00	Teens	Compassion
10	Barbells	Matrix	Method	|	Centering	Wellness	Imagery	AcroYoga	Artx	Fatigue
	|	|	|	|	Grounding	|	|	|	|	|
11	11:00-12:00	|			|					
	Mobility	|			|			11:30-1:00		11:30-1:30
12					|		12:00-2:00	AcroYoga		Virtual
			12:30-3:30	12:30-3:30			Sandwich	|		Connection
1			Healing	Stress			Caregiver			|
	1:30-3:30		Imagry	Management	1:30-4:30		|			
2	Somatic	2:00-5:00	|	|	Spiritual			2:00-5:00		
	Drama Tx	Holistic	|	|	Reflection		2:30-5:30	Life Force	2:30-4:30	2:30-4:30
3	|	Artx	|	|	|		Somatic	|	Creativity	Create Own
		|			|		Artx	|	Calm	Amulet
4	4:00-7:00	|			|		|	|	|	|
	SAORI	|	4:30-6:30	4:30-6:30			|	|		
5	Weaving		De-Roling	Somatic	5:00-7:00		|			
	|		|	Tools	Digital					
6	|		|	|	Media					
	|				|					