



# Water & Stone

2019

Creative Arts Therapy Conference!

May 31 - June 2, 2019

## **Important Dates**

1/7 Call for Proposals!

3/1 11:59 pm Deadline for Proposals

3/18 All Presenters Informed of Acceptance

4/8 Schedule Announced & Registration Opens!!

4/28 Early Bird Registration Ends

5/19 Registration Closes

5/31-6/2 Conference!

Submit all proposal and accompanying paperwork to [waterandstonesubmissions@gmail.com](mailto:waterandstonesubmissions@gmail.com)

## **Locations**

Lower East Side  
New York, NY 10002

Online (still Live!)  
via Zoom

## **Conference Overview**

This Year's Theme:

### *Empowerment Through the Arts*

As therapists, we aim to create an environment in which our clients can feel empowered to explore, voice, and actively engage in their experiences, thoughts, and patterns. From the physical space to internal awareness, how do you guide yourself and your client to create authentic connection within themselves and in relationship? During a session, how do you strive to have open dialogue or support clients in making their voices heard? How does the creative process and materials used offer a unique opportunity for the clients you see? These questions are important for us to ponder and work towards addressing, for ourselves and our clients. Please feel free to submit proposals addressing topics related to these ideas or ways you empower

yourself and clients through the arts; **social action, creating space, mindfulness, interdisciplinary dialogue, etc.**

### Types of Sessions

We are looking for a combination of didactic and experiential presentations. You are welcome to use whatever approach you are most comfortable with. This might mean including a PowerPoint Presentation or you might not want to use any technology at all. We welcome workshops with a variety of styles and approaches to engage those learning and participating.

The conference will be in person in Manhattan (Lower East Side) however there will be an online presentation track as well throughout the weekend. Please feel free to submit a proposal for either or both In-Person and Online. Both will be counted as live events because you can interact with participants. You may submit multiple proposals and each proposal must be submitted separately. (2<sup>nd</sup> workshop, 3<sup>rd</sup> workshop, etc. proposals do not need to resubmit profile pic, bio, or CV)

#### CE INFORMATION

Everything at the conference will qualify for LCAT CE Contact Hours  
They will also qualify for most national creative arts therapy credentials. Check with your national board to verify exactly what counts for you.

#### Format Options

(Internet is not guaranteed, so please don't assume it will be available during your workshop.)

##### 2-Hour (Talk)

2 NY LCAT CE contact hours for participants.

An oral presentation focused on didactic material. Usually a very specific topic with some hands-on experience for participants. Great for sharing case studies, research, interventions, and more!

##### 3-Hour (Workshop)

3 NY LCAT CE contact hours for participants.

An experiential workshop where participants get to dive in with art, movement, music, etc. More than half the time should be "hands on". Can be 1 or multiple presenters.

##### 6-Hour (Intensive)

6 NY LCAT CE contact hours for participants.

An intensive is an experiential workshop where participants get to go more deeply into the topic while exploring through art, movement, music, etc. More than 65% of the time should be "hands on" and the goal is to reach a deeper level of understanding about the topic than could be accomplished in 3 hours. Can be 1 or multiple presenters.

#### In Person

In-person presentations will take place in Manhattan (lower east side). There will be several rooms of varying size. Art Supplies will be available as described below. All the rooms are right next to each other, so it will be easy to get from one space to another.

### **Online**

Online presentations can be offered from anywhere (including at the conference site! In case you are in attendance the rest of the day, but still want to present online.). Online presentations will meet on the Water & Stone, Zoom account. Zoom is a great platform and has worked well for past online presentations. While giving your presentation, attendees can join on their computers or over the phone. You can share your screen if you have a PowerPoint or similar presentation. Many options, and there will be a practice time set aside for all online presenters to log on and learn all about it 1-2 weeks before the conference.

### **I Want to Do Both!**

If you want to present both in-person and online, there will be a room at the actual conference dedicated to both those who want to present online and those who are attending in person, but want to participate in an online workshop.

### **Materials/Instruments/etc.**

Supplies Available in each Room:

Colored Pencils  
Chalk Pastels  
Oil Pastels  
Markers  
Pencils  
Glue

Tape  
Scissors  
Variety of magazines  
Variety of colorful paper  
9x12 and 12x18 white paper

**Anything beyond this list is up to you to provide for your workshops**, so please plan to bring other materials yourself. For those requiring music, please be aware that we can provide a simple stereo/cd player or speakers for a phone, but will not be able to supply any instruments. You are responsible for all instruments and anything unique to your workshop. Please be in touch if you have questions and we will work with you to the best of our ability!

### **NY State and National Standards**

Water & Stone adheres to NY State LCAT continuing education standards and ethical guidelines. Proposals must meet the standards outlined by NY State as well as adhere to all ethical guidelines put forth by both state and national governing bodies as applicable to each presenter (AATA, ATCB, AMTA, ADTA, etc.) Please see the attached excerpt from Section 8412(3)(b) of the Education Law to help determine appropriate topics for presentations and who is qualified to be a presenter. Any proposals that don't meet the standards for topics or presenters will not be considered.

# Excerpts from Section 8412(3)(b) of the Education Law

to see in entirety please go to <http://www.op.nysed.gov/prof/mhp/catceproviderinfo.htm>

## **Standard 2 - Courses/Educational Activities**

### **Courses/educational activities must be offered in appropriate subject areas.**

Section 8412(3)(b) of the Education Law limits acceptable educational programs for continuing education to "courses of learning" which contribute to the professional practice of creative arts therapy. Under Section 79-11.8(c)(2) of the Commissioner's Regulations, providers must offer formal continuing education in professional and clinical skills in accordance with the practice of creative arts therapy as defined in section 8404 of the Education Law. Such subjects may include, but are not be limited to, clinical interventions and evidence-based practice; cross-disciplinary offerings from medicine, law, administration, education, behavioral and social sciences related to creative arts therapy practice; or patient communications, recordkeeping, and matters relating to law and/or ethics, which contribute to professional practice in creative arts therapy and the health, safety, and/or welfare of the public.

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Any continuing education designed for the sole purpose of personal development, marketing, business practices, and maximizing profits for the practice of a licensed creative arts therapist will not be considered by SED as acceptable continuing education. Supervision of a licensed creative arts therapist, limited permit holder, student or intern in a placement that is part of a license-qualifying program, will not be considered by the Department as constituting acceptable continuing education.

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## **Standard 3 - Instructors**

### **Instructors must be qualified to teach the courses/educational activities which will be offered for continuing education purposes.**

Documentation, such as a curriculum vitae (C.V.) or resume, will demonstrate the instructor's qualifications to teach the course as a content expert and will include, at a minimum, his or her name; current employment title; degrees earned with name and location of educational institution, major and date received; professional licensure status; teaching experience; and previous professional positions.

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Under New York State professional licensing laws, only those having a professional clinical license can practice creative arts therapy and psychotherapy, such as assessment and evaluation of clients and the provision of clinical therapy and interventions. Thus, an instructor teaching a continuing education course/activity that includes clinical content must have a professional clinical license, in addition to meeting the above-referenced education, content expertise, work and teaching experience requirements for continuing education instructors.

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