



## 2022 Water & Stone CAT Conference Registration

Please Use for Planning Purposes

<https://forms.gle/XuEuc5V6bXGW6zQQ6>

There will be information to read throughout the form that is not included here, so please pay attention when you go to register. Use this form to plan for your schedule, things you need to upload, and the policies/agreement that comes at the end of the form.

### Tickets

STUDENT TICKETS (\$20/hr)

2-hour workshop - \$40

3-hour workshop - \$60

Early Bird Registration (\$30/hr)

April 14 - May 5

2-hour workshop - \$60

3-hour workshop - \$90

Regular Registration (\$40/hr)

May 6 - May 27

2-hour workshop - \$80

3-hour workshop - \$120

### Payment/Payment Plan

SEPARATE INVOICE and payment instructions will be sent within 48 hours to the email you provided.

Payment due within 48 hours of receiving invoice.

PAYMENT PLAN (Optional):

Payment Plan Available until June 1

(3 equal payments = your total + \$18)

1st Payment - due upon receipt of invoice

2nd Payment - due Wednesday May 25

3rd Payment - due Friday June 9

If you register May 20-June 1 you will make

2 payments of 50% +\$9

1st Payment - due upon receipt of invoice

2nd Payment - due June 9

### Payment Options:

I will pay via: \*

Paypal

Venmo

Zelle (save 10%!)

I don't need to pay because I'm a Presenter and only signed up for my 1 free workshop.

## Schedule Options

Please note length/times of workshops.  
You are responsible for making sure you can get from one workshop to the next.  
There is NOT room at the in-person venue to stay and take an online workshop.

Feel free to mix and match in-person and online!  
IP = in-person  
O = online

TimeZone: USA - NYC - EDT (GMT - 4)

### Friday

- 9:00 - 12:00 IP - Introduction to the Social Dream Matrix - Marianne Gunther
- 9:15 - 10:45 IP - Curiosity Mindset for Better Mental & Physical Health: Barbells - Emery and Sara
- 11:00-12:00pm IP - Curiosity Mindset for Better Mental & Physical Health: Flexibility and Mobility - Emery a ...
- 1:30 - 3:30 IP - Soma/Role: Somatic Externalizing & Dramatic Form - Atara Vogelstein
- 2:00 - 5:00 IP - Holistic Art Therapy: Embracing Your Superpowers - Melanie and Morgan
- 4:00 - 7:00 IP - SAORI Arts: Weaving Self-Compassion - Erin, Ria, and Judy
- 9:00 - 11:00 O - Sustainable Resilience Holistic Method Mid-Post COVID - Rand Chaaban
- 9:00 - 11:00 O - The Art of Being Alone: Art in Response to COVID19 - Julia Volonts
- 12:30 - 3:30 O - The Quantum Correlations of Healing Imagery - Ed Regensburg
- 12:30 - 3:30 O - Easy Stress Management Techniques for Wellbeing - Shoshana Averbach
- 4:30 - 6:30 O - De-Roling the Therapist - Cass Manalastas
- 4:30 - 6:30 O - Somatic Tools to Treat Chronic Stress - Jennifer and Neha

## Saturday

- 9:30 - 12:30 IP - Remaining Centered in Chaos (\$15 Materials Fee) - Lisa Hope
- 1:30 - 3:30 IP - Creating art for spiritual self-reflection - Eunice Yu
- 5:00 - 7:00 IP - Promoting Use of Digital Media in Creative Spaces - Shannon, Nicole, Samara
- 9:00 - 11:00 O - Arts-Based Wellness Within a Healthcare Setting - Deb and Karen
- 9:00 - 11:00 O - Music and Imagery for Self-Care - Makaria and Matina
- 12:00 - 2:00 O - The Therapist as "Sandwich Caregiver" - Lisa Mirabile
- 2:30 - 5:30 O - Extension of Self: Exploring Somatic Art Therapy - Jennifer Lepke

## Sunday

- 9:30-11:00 IP - Curiosity Mindset for Better Mental & Physical Health: AcroYoga A - Emery and Emily
- 11:30-1:00 IP - Curiosity Mindset for Better Mental & Physical Health: AcroYoga B - Emery and Emily
- 2:00 - 5:00 IP - Activating the Life Force - XiaoChuan Xie
- 9:00 - 11:00 O - The Concrete Jungle: A Journey with Teens - Jessica Fox
- 9:00 - 11:00 O - Tackling Compassion Fatigue - Christine and Kiri
- 11:30 - 1:30 O - The Art Theory of Virtual Connection - Rana and Javere
- 2:30 - 4:30 O - Bite-Sized Self-Care: Moments of Creativity & Calm - Bethany Anne Altschwager
- 2:30 - 4:30 O - COVID MH Care: Creating Your Own Amulet - Makiko Young

## Attending In-Person?

The in-person portion of the conference is a fully vaccinated event. If you are not fully vaccinated (you are boosted or two weeks have passed since your 2nd dose [Moderna/Pfizer], 1 dose of J&J) you are still welcome to attend online this year.

\*\*\*\*\*Please check the correct box and upload a photo of your card (just the front is fine) or a screen shot of your Excelsior Pass (make sure I can see your name and the # of doses).\*\*\*\*\*

Please choose one: \*

- I am attending at least 1 in-person workshop and am fully vaccinated, so will upload vaccination verification.
- I am attending online workshops only, so my vaccination status doesn't matter.

Upload Photo of Vaccination Verification

 Add file

## Agreement

### I Agree to All the Following:

#### Online Workshops

- Participants and Presenters will make sure to have earbuds/headphones on and appropriate equipment (supplies/technology/charger/wifi) to best experience the conference. While refunds are not possible, W&S will try to help in the case of connectivity/technology based issues as long as the participant logs on 10 min before the workshop and alerts Emery to an issue by texting 703-402-4515 as soon as there is one.
- Participants agree to have video turned on for the duration of the workshop, unless there is a specific time during a workshop that specifically allows for it to be off.
- Participants agree to be present and sitting up unless there is a medical need for them to exist differently online. If this is the case, please let Emery know in advance and she will connect with the presenters.

#### In-Person Workshops and COVID

- Participants will be able to arrive 10-15min before their workshop. Please feel free to check out local coffee shops if you are running early.
- There is 1 main location, but some of the workshops on Friday are at alternate venues, so please check your schedule and pay attention to emails closer to time.
- Due to the state of the world and the venues we are using, the in-person part of this conference is classified as a fully vaccinated event. We are fortunate to have both in-person and online workshops, so if you aren't fully vaccinated, we welcome you to attend the wide array of online workshops this year. Fully vaccinated means you are boosted or two weeks have passed since your 2nd dose [Moderna/Pfizer] or 1 dose of J&J

- If things change, you may need to wear a mask, get a PCR test within 72 hours before your first in-person workshop, and/or do daily testing at the conference site.
- due to lighting (which we love) viewing projected powerpoints will be a challenge this year, so several workshops may require you to bring a laptop. Once you know which workshops these are, you can let Emery know if it's absolutely impossible to bring a laptop and we will find a way for you to share with someone else.
- We have online and in-person options, so you assume all risk by attending in-person. Emery and Water & Stone will do what they can, within reason, to protect participants via cleaning, sanitizing, etc.

#### Photography/Recording

- Photos/Screenshots/Video or Voice Recordings are not allowed to be taken by participants in any workshop due to the possibility of confidential material in presentations.
- It is up to each presenter if they are comfortable sharing materials/presentations/etc. with you. Each participant will respect the decision of each presenter.
- Water & Stone may take photos/Screenshots/etc. for marketing/social media purposes and by signing up for the conference participants and presenters understand they may appear in photos. Special attention will be paid to the appropriateness of when photos are taken, so as not to disturb or disrupt workshops and participant engagement in the workshops or compromise confidentiality of the materials being shared.

#### Payment & Payment Plan

- An invoice will arrive within 48 hours of registering and payment is due within 48 hours of that email.
- Participants will pay within 48 hours of receiving the invoice from PayPal (Only amount of 1st payment will be on invoice for payment plan option).
- If I am taking advantage of the payment plan option, I understand that full payment is required regardless of my attendance. A payment plan does NOT mean I can stop part way through and not pay anymore. By registering, I am committing to the full cost of the workshops I register for since a spot has been reserved for me. Unless otherwise specified, I will not be able to make up any missed workshops and will not get a refund for any missed workshops. Transfer options still apply in case I do need to miss a workshop.

#### Refunds

- I understand that there are no refunds, but I can transfer my registration to someone else if I cannot attend.
- Transfer must be for no more than what I paid per workshop.
- All transfer details and payments must be handled by me at least 48 prior to the conference.
- I will still directly pay for the conference and the new attendee will pay me.
- I will give the name and email address of the new attendee to Emery at least 48 hours prior to the conference.

#### Continuing Education Hours

- I understand I must be present for the full duration of each workshop to get CE credit for it. There is no partial credit or make up option.
- Often credits can be used for many organizations' requirements, but it is my responsibility to check with my organizational bodies about that prior to registering. I cannot get a refund if the credits are rejected after the fact. Credit for NY State LCATs are the only 100% guaranteed hours to be approved. Contact Emery if you ever receive a rejection for any workshop credits.

#### Finally...

- All participants, presenters, and conference staff will strive to create a community of openness, respect, and support for all.
- Emery reserves the right to ask anyone having trouble with this concept to leave or sign off immediately without a refund.

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Type full name to show you read and agree to everything in the above Agreement as well as all \* information throughout the form.

Short answer text